

# GUIDANCE ON COVID-19

ARE YOU EXPERIENCING SYMPTOMS OF COVID-19? THEY INCLUDE:

- Fever (over 100.4oF) or chills
- New loss of smell or taste
- Cough
- Muscle aches
- Sore throat
- Shortness of breath or difficulty breathing
- New or unusual headache
- New onset of any gastrointestinal symptoms (such as nausea, vomiting, diarrhea, or loss of appetite)

## I HAVE TESTED POSITIVE

- **DO NOT** go/stay on campus, return to your place of residence.
- Report your positive test result to RTC at [www.rtc.edu/exposed](http://www.rtc.edu/exposed)
- If you require medical attention, contact your primary care physician.
- Await a call from the King County Public Health for contact tracing purposes.

## YES, I HAVE SYMPTOMS

Follow RTC's "[COVID-19 Safety Plan](#)", specifically under "when to self-quarantine":

- Stay at home or place of residence until you can get a medical evaluation.
- Separate yourself from others and wear a face covering in non-private spaces.

### STUDENT

- Complete the [Campus Access Form](#). (For accountability purposes, **DO NOT** go to campus).
- Consult with your primary care physician.
- Make arrangements with your faculty instructor for attendance and/or assignments.

### FACULTY/STAFF

- Complete the [Campus Access Form](#). (For accountability purposes, **DO NOT** go to campus).
- Inform Campus Security by calling **425-235-7871** or emailing [security@rtc.edu](mailto:security@rtc.edu).
- Consult with your primary care physician.
- Coordinate with your supervisor and/or students (if applicable).

## I HAVE NO SYMPTOMS

HAVE YOU BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN DIAGNOSED WITH OR TESTED POSITIVE FOR COVID-19?

### YES

CLOSE CONTACT?

**YES, CLOSE CONTACT (WITHIN 6 FEET FOR 15 OR MORE MINUTES IN A 24 HOUR PERIOD)**

### STUDENT

- Complete the Exposure/Positive Test Form at [www.rtc.edu/exposed](http://www.rtc.edu/exposed) **DO NOT** go/stay on campus.
- Consult with your primary care physician.
- Make arrangements with your faculty instructor for attendance and/or assignments.

### FACULTY/STAFF

- Complete the Exposure/Positive Test Form at [www.rtc.edu/exposed](http://www.rtc.edu/exposed)
- Consult with your primary care physician.
- Coordinate with your supervisor and/or students (if applicable).

**NO, NOT CLOSE CONTACT (OUTSIDE 6 FEET OR WITHIN 6 FEET FOR A BRIEF PERIOD OF TIME)**

Practice social distancing, good hygiene, wear a face covering, and monitor your symptoms.

### NO

Practice social distancing and good hygiene, and wear a face covering.

**RTC's Coronavirus (COVID-19) Information**

**RTC's COVID-19 Safety Plan**

**KCPH Free Testing Centers**

**Campus Security:**

**425-235-7871**

**[security@rtc.edu](mailto:security@rtc.edu)**