How to Help Students in Distress

When to call 911 and/or RTC Security:
- Active shooter
- Violent behavior
- Concern for immediate safety
- Other imminent threat

When to contact Behavioral Health:
- Thoughts/reports/ideas of harming themselves
- Thoughts/reports/ideas of harming others
- Drastic change in behavior that raises a red flag for staff or faculty

When to refer a student to RTC Behavioral Health Dept (provide email or website information):
- Anxiety
- Depression
- Coping Skills
- Life Event

When to refer a student to other resources:
- College funding
- Sexual assault
- Drug and alcohol counseling
- Domestic Violence
- Housing
- INTERNAL: www.rtc.edu/orientation
- EXTERNAL: www.rtc.edu/bh-community-resources

How to contact Behavioral Health: behavioralhealth@rtc.edu or www.rtc.edu/behavioral-health